2020 Run 4 the Greenway Virtual Challenge Turn by Turn directions:

- Start at 500 North Eugene Street at LoFi Park on the Downtown Greenway and head south on North Eugene
- Right on West Smith Street
- Cross at light at West Smith Street and Spring Street; continue on Downtown Greenway.
- Left on Prescott St
- Left on Guilford Avenue
- Right on North Cedar Street
- Left on West Market Street
- Right on South Spring Street; stay along sidewalk and follow down to Spring Garden Street
- Left on Spring Garden Street
- Right onto the Downtown Greenway at Morehead Park
- Cross over Gate City Blvd on the Downtown Greenway
- Keep straight on the Downtown Greenway on Freeman Mill Road and turn left at the Five Points
 Bench along the Greenway
- Cross over South Eugene Street onto Bragg Street
- Cross over Martin Luther King Jr Blvd and continue on the Downtown Greenway to Gate City Blvd.
- Cross Gate City Blvd and continue along the Downtown Greenway along Murrow Bvld.
- Continue on Downtown Greenway and cross over Elm Street and continue on Fisher Avenue.
- Left on North Eugene Street
- End at LoFi Park on the Downtown Greenway