

★ NEVER QUIT, NEVER FORGET ★

# HONORING OUR HEROES

## 2019 BOOT CAMP CHALLENGE 5K

Morrison Plantation Park

Water

1

2

3

4

5

8

S/F

9

6

7

Participants must pass the water station each time to proceed to stations 6 thru 9.

### Course Layout

- |    |                    |
|----|--------------------|
| 1. | Low Crawl          |
| 2. | Tire Flip          |
| 3. | Balance Beam/Tires |
| 4. | "Hi-Lo" Ropes      |
| 5. | Bear Crawl Hill    |
| 6. | Field Days         |
| 7. | Sit & Jump         |
| 8. | PB & J             |
| 9. | Sandbag Alley      |