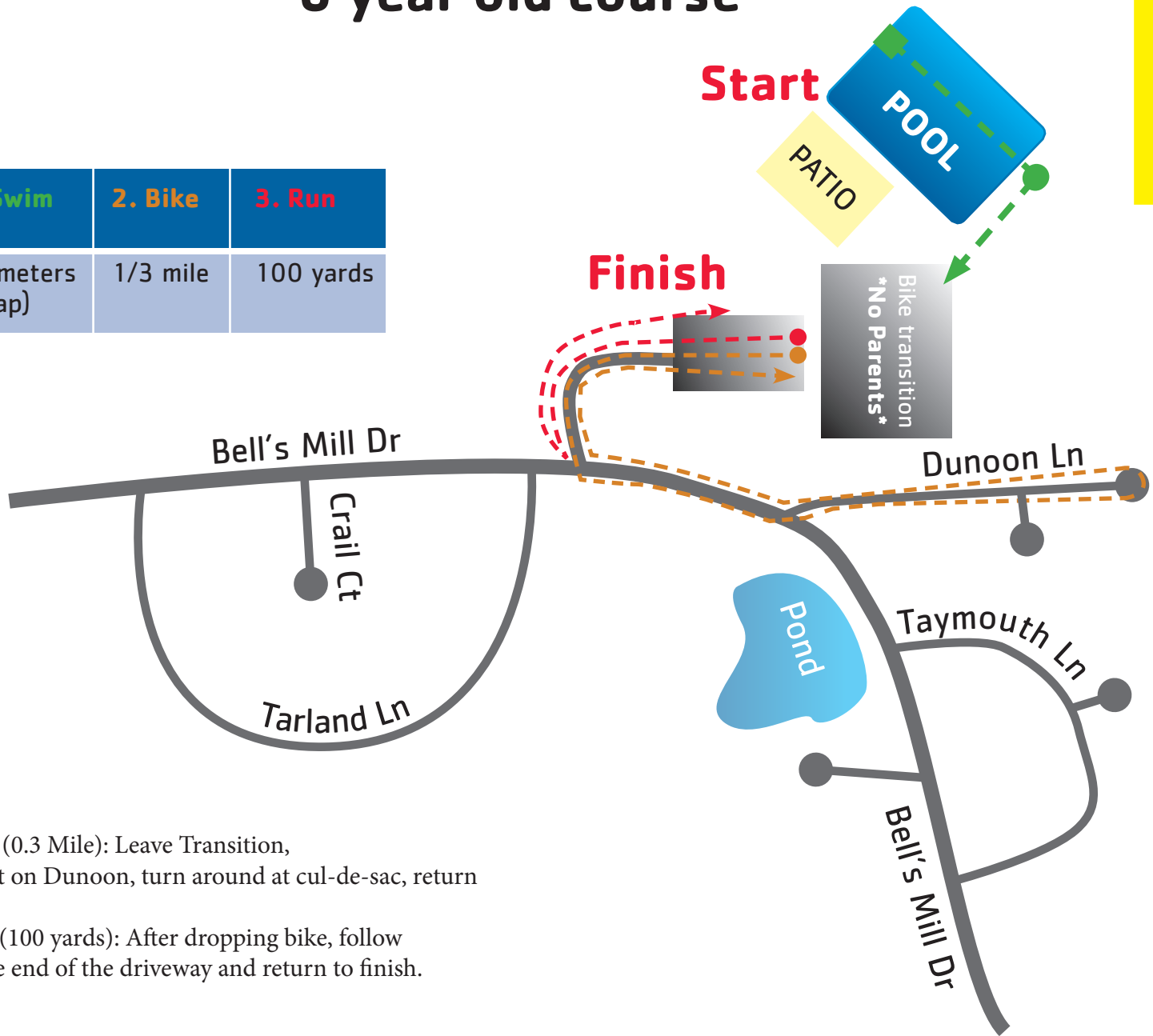


# Tri The Creek Kids Triathlon

## 6 year old course

Age:  
**6**

Age at date of event	1. Swim	2. Bike	3. Run
6 years	25 meters (1 lap)	1/3 mile	100 yards



**Bike Course Directions:** (0.3 Mile): Leave Transition, left on Bell's Mill, bear left on Dunoon, turn around at cul-de-sac, return

**Run Course Directions:** (100 yards): After dropping bike, follow marked run course to the end of the driveway and return to finish.

# Tri The Creek Kids Triathlon

## 7-8 year old course

Age:  
**7-8**

Age at date of event	1. Swim	2. Bike	3. Run
7-8 years	50 meters (2 laps)	1 mile	.3 Mile



**Bike Course Directions:** (1 Mile): Leave Transition, left onto Bell's Mill. Straight past 1st Taymouth intersection. Left at second Taymouth intersection, right back on Bell's Mill, right on Dunoon, turn around at cul-de-sac, return.

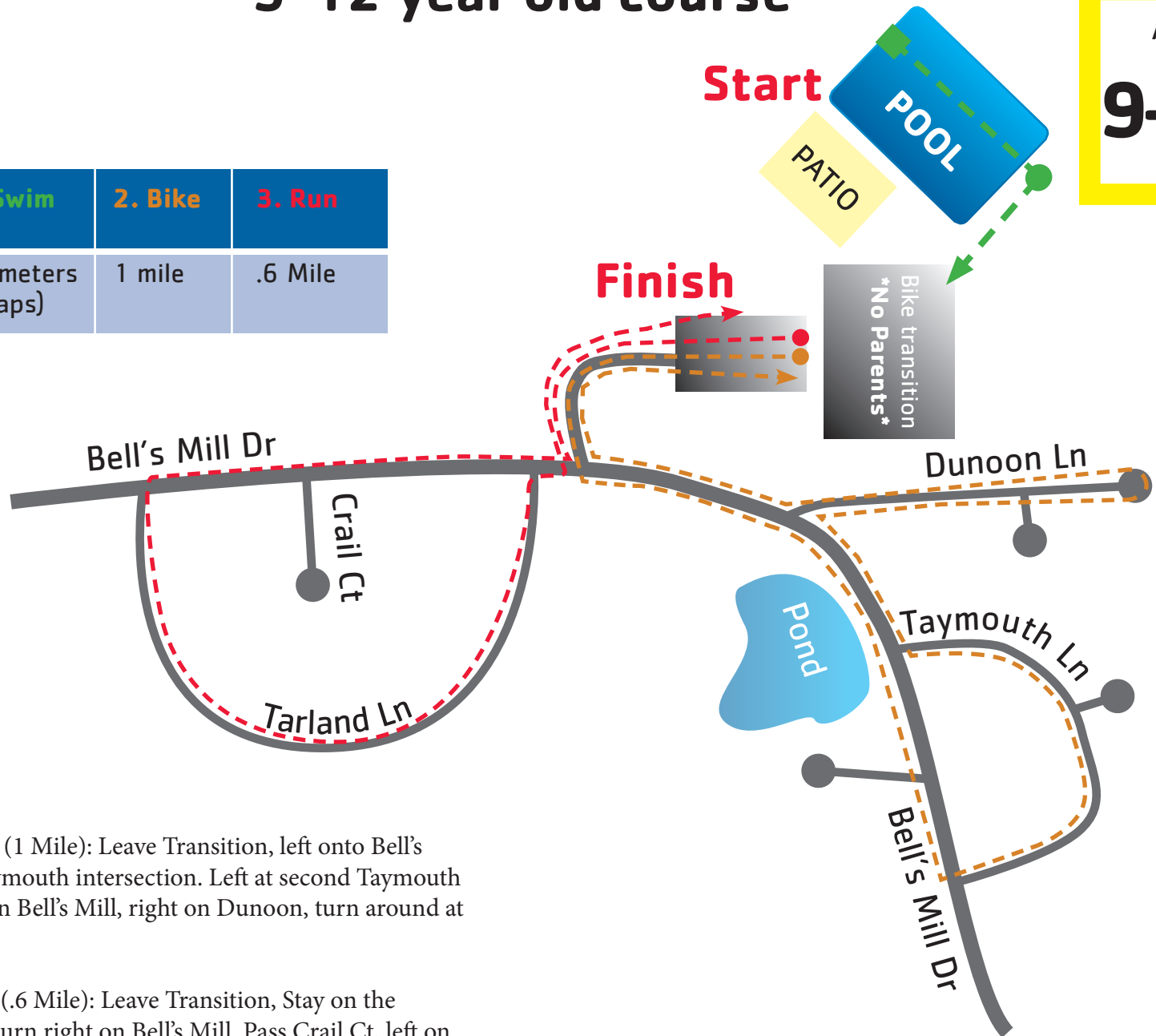
**Run Course Directions:** (.3 Mile): Leave Transition, Stay on the sidewalk when possible, turn right on Bell's Mill. Turn around at the orange CONE across from Crail Ct, return.

# Tri The Creek Kids Triathlon

## 9-12 year old course

Age:  
**9-12**

Age at date of event	1. Swim	2. Bike	3. Run
9-12 years	75 meters (3 laps)	1 mile	.6 Mile



**Bike Course Directions:** (1 Mile): Leave Transition, left onto Bell's Mill. Straight past 1st Taymouth intersection. Left at second Taymouth intersection, right back on Bell's Mill, right on Dunoon, turn around at cul-de-sac, return.

**Run Course Directions:** (.6 Mile): Leave Transition, Stay on the sidewalk when possible, turn right on Bell's Mill. Pass Craill Ct, left on Tarland, right on Bell's Mill, left back into pool parking lot.