



Events and Schedule

The race course will be a triangular course marked with large orange buoys. There will be an in the water, waist deep start and a beach finish.

All swimmers must attend a safety meeting prior to their event. Before each race the swimmers will be reminded of the rules. Swimmers may check in at any time as long as they are checked in prior to the pre-race meeting for their event. The Order of Events is as follows:

2k Swim – 8:30 AM
2k SUP – 9:30
1k Swim – 10:30
1k Prone Paddle – 11:15
500m Swim – 12:15

2K swim: The race will consist of 2 laps around a 1k triangular course marked with large orange buoys. The race will end 60 minutes after the start. All swimmers who have not completed the course will be asked to retire. Check-in: beginning at 7:00 AM; Warm up: 7:30 AM; Pre-race meeting: 8:15 AM; Event starts: No earlier than 8:30 AM.

2K SUP race: The Stand Up Paddle Board race will consist of 2 laps around the 1k triangular course marked with large orange buoys. Check-in: 8:30 AM; Pre-race meeting: 9:15 AM; Event starts: No earlier than 9:30 AM.

1K swim: The race will consist of 1 lap around a 1k triangular course marked with large orange buoys. This race will end 40 minutes after the start. All swimmers who have not completed the course will be asked to retire. Check-in: 9:30 AM; Pre-race meeting: 10:15 AM; Event starts: No earlier than 10:30 AM.

1K prone paddle: The race will consist of 1 lap around a 1k triangular course marked with large orange buoys. Check-in: 10:15 AM; Pre-race meeting: 11:00 AM; Event starts: No earlier than 11:15 AM.

500 M swim: The race will consist of 1 lap around a 500 meter triangular course marked with large orange buoys. Check-in: 11:15 AM; Pre-race meeting: 12:00 noon; Event starts: No earlier than 12:15 PM.

AWARDS

Age Group – 11-18

Medals will be awarded for 1st through 3rd place, boys and girls. The category will be further broken down as follows: 11 – 14, 15 – 18 years old, for the swimming events only.

Open - 19+

Open category (19+) medals or prizes will be awarded for 1st through 3rd place, men and women. The category will be further broken down as follows: 19-29, 30-39, 40-49, 50-59, 60+ years old, for the swimming events only.

Mermaid and Neptune Awards – a trophy will be awarded to the female and male swimmer who swims the most events with the fastest combined time.